



Self-Managing with NDIS

A perspective on the benefits and challenges

Introducing Mike

- ▶ 34 years of age and a party guy



A thrill seeker



an environmentalist



Moved out of home at 33 (a millennial)



..... and is into some sports



A brother and uncle

- An older brother and sister
- A younger sister
- 4 energetic nephews





The context

- An opportunity
 - Changing attitude...
 - Individual Accommodation Support Package
 - Tried a few services, decided to self-manage (DPA)
 - Mike moved into his villa in April 2017
 - Transitioned to NDIS in September 2017
 - Review of first plan in August 2018
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Self Managing under NDIS

- Funding allocated under the same categories
- The person, or in our case, nominated person, has responsibility for using the funds according to the goals
- Post to the portal as invoices come in and then make payments
- You engage service providers – service agreements optional
- You have the option to manage the staff, the activities, the training and reporting
- You may be audited and must keep records of expenditure



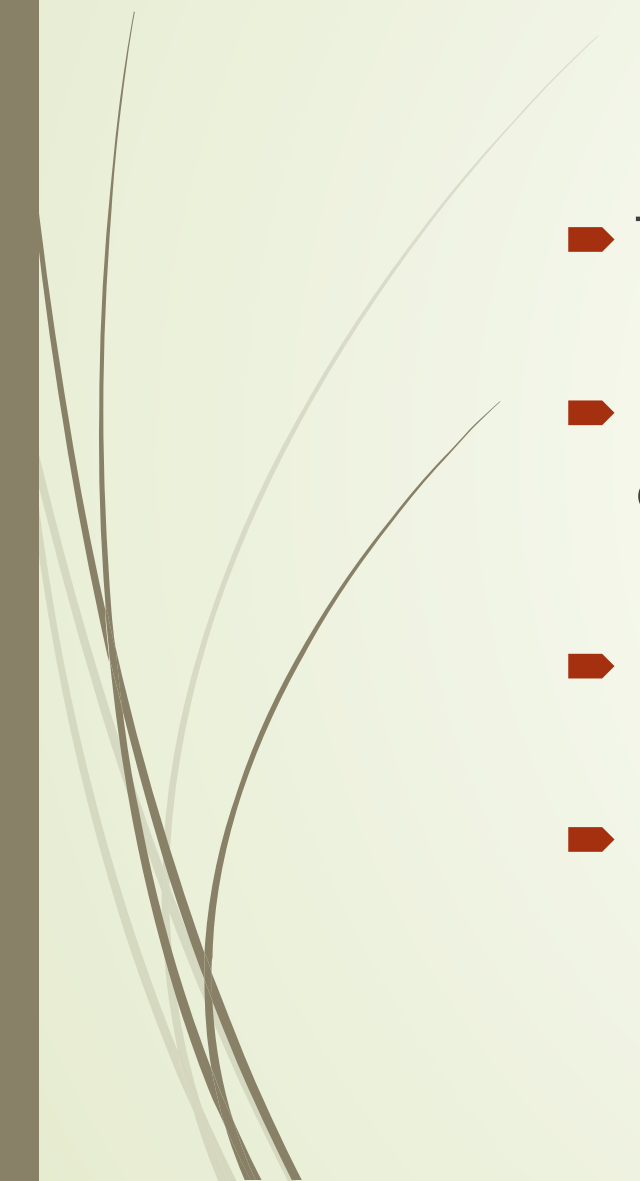
Benefits



- Control over the supports – no unknown support workers
- Greater flexibility
 - non-NDIS approved services
 - mix of providers
- Specific and individualized training around Mike's support
- Building relationships with staff, enabling a safer independent life



Challenges

- ▶ Time
 - ▶ Building expertise, particularly around choosing, keeping and training support people
 - ▶ Finding the right people, and resources
 - ▶ New territory and can be isolating
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Mike's new life....

- A team of 13 support people using two organisations:
 - SGSCC a traditional service provider of day programs
 - HireUp a platform for finding and managing support workers
- Support for most of the week including sleepover support
- A busy social life
- So many possibilities





Documents developed to support Mike

- Vision – given to every new support person
 - Important information for supporting Mike
 - Routines for each shift
 - Medication Record
 - Fluid intake form (recent)
 - Incident report form
 - Communication book
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Thankyou



....any questions?

